



Community for Life program explained at Town Hall meeting

By Jackie Mintz

Early in the summer, Broadmead leaders spoke to residents about the new Community for Life program of non-medical services for seniors aging at home in the community. [See accompanying presentation by Board Chair Rob White.]

Setting the program in its historical context, CEO John Howl traced the origins of the program to the intentions of the Stony Run Friends Meeting members who founded Broadmead almost 40 years ago. As the late John Carnell, one of the leaders of that group, wrote, the Broadmead project was intended to be “a part of, not apart from the surrounding community.” A few years ago, the Trustees incorporated that intent into its four key strategic goals. One of the goals is increasing the economic and social diversity of persons served, off campus as well as on.

This goal received a boost a year ago with an invitation from the Maryland Department of Aging (MDOA) to partner with the State in its new Community for Life program. At a meeting John and COO Robin Somers had with MDOA Secretary Rona Kramer, Kramer asked Broadmead to partner with the State in the new Community for Life program.

Mindful of what has been dubbed the coming “silver tsunami,” and the projection that 95 percent of this large group of seniors will age at home, the State has determined it needs to expand aging-in-place facilities to reduce expensive nursing home placements

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Trustee Chair Rob White on the Community for Life program

By Rob White

In my view, there are at least three important reasons for Broadmead’s embarking on the Community for Life program.

First, the Maryland Department of Aging is our state regulator, and we undertook the Community for Life at the Secretary’s specific request. It would generally be a mistake for any organization to say “No” to its regulator when the regulator seeks collaboration and assistance on a project that the State has prioritized. I would add that the invitation from the Secretary also reflects her high opinion of Broadmead’s Master Plan.

Second, the purpose and activities of the Community for Life Program are wholly consistent with the intentions of the Stony Run Meeting, the founders of Broadmead. As Quakers, they sought to advance a core tenet of the faith—commitment to social justice and equality—a commitment that extends to the wider community as well. The amended Articles of Incorporation

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Masthead: The masthead photo by Erroll Hay shows a pair of mallards on Lake Maybe.

Letter from the editors

In March, the Editorial Board of the Voice agreed to outsource layout to relieve Jackie Mintz of this responsibility. Paul Bianco, an independent contractor and head of the design firm Orange Hat, agreed to take on the job for a fee within our budget. Jackie worked with Paul on the layout for the May and summer issues, devoting countless hours to train him about our expectations. We congratulate Jackie and Paul for their success. We especially wish to express our appreciation to Jackie for her dedication and time over the years in contributing in so many ways to producing our publication. She will continue to advise Paul on layout as well as writing for The Voice, for which we are grateful. She also hopes to have more time to pursue personal interests.

Jai Dixon, our business manager, will no longer be responsible for the announcements that appear in The Voice because the BRA Treasurer's job now occupies most of his time. We wish to express appreciation to Jai for his efficient work on The Voice. The boxes, displayed in a variety of colors, have provided valuable notifications about upcoming programs and events.

Bob and Susie Fetter

September Exhibits

East Hall

Photographs by Edwin Remsberg

Display Case

Vintage Cameras

Atrium

Creative Expressions – Art from
Hallowell & Taylor Halls

Lower Level Gallery

Windows and Doors – Photography Club

Photo credits: All photos are by Erroll Hay except for the following: Sally Bloomer, p.14; Angela Breakey p.16; Bob Heaton, p. 2.

New Director of Nursing speaks at June Exchange

By Bob Heaton

Pushpa Nallabotula, Broadmead's Director of Nursing for Continuing Care since April 30, explained her duties to a large audience at The Exchange in June. She said she had spent her first six weeks getting to know Broadmead's systems, staff, and residents, and has focused on compliance and documentation.

For the time being, Pushpa is delaying staffing considerations in favor of immediate clinical demands that are of greater importance.

Patient care and deference to family concerns are the top priority. Replying to a question about adequate staffing, Pushpa assured residents that Broadmead's numbers comfortably exceed state requirements and said that Broadmead has received a five star (top) rating in that category. She noted that she had researched such ratings before applying for the job.

Answering a question about continuing education, Pushpa said she is required to take 50 hours every three years to retain her director's certification. She works with Delegating Nurse Chad Craig and Health Services Administrator Ann Patterson to educate staff on the electronics system and best care practices.

A native of southern India, Pushpa has 30 years of experience as a nurse. She spent five years in Saudi Arabia as a shock trauma nurse and then moved to Jamaica, where she taught in nursing school and had her daughter in 1992. She then went to Philadelphia as an oncology nurse. A family health problem brought her to Johns Hopkins Hospital in 1997. Of particular relevance, she worked for 12 years in another Maryland CCRC before coming to Broadmead.



Health Care updates

By Bob Heaton

Health Care Administrator Ann Patterson says that the Infection Control Committee will meet on September 4 to review the tactics that produced generally successful results during the flu season last year and to plan measures to yield an even better outcome this year. The committee will present the resulting protocols during the September Fireside Chat. One action will surely be to suspend the open salad bar in the Arbor Café during flu season.

Residents are aware that laboratory test results are not accessible through MyChart as they were when LabCorp was providing services. Ann is working with Diamond Medical Laboratories, the current provider, to find a way to make test results appear promptly on MyChart.

Lin Nyce, recently installed Broadmead dietician, is planning a lecture series for the fall. She will discuss the Mediterranean Diet and other diets.

Friends Circle has expanded its operations under a new administration. Chris Fox, RN, the former delegating nurse, is now the clinical

director. She is assisted by Marissa Shaff, RN, who does most of the delegating. Lisabeth Ratliff is the office manager and staffing coordinator (see photo).

In addition, Friends Circle employs 38 people, 8 of whom are RNs, working shifts that vary from a few hours a week to 40 or more. Currently, 50 clients are being served, including one off campus.



Chris Fox, second from left, with staff

Friends Circle is a licensed residential services agency that provides supportive home care services, for example, assistance with activities of daily living (bathing, dressing and meal preparation) or housekeeping services, and some nursing services such as medication management and administration. The person seeking assistance contracts with the agency. RSA services are often paid by the person using services but may be paid by insurance.

Broadmead Barn Sale

13801 York Road, Cockeysville, MD



Thursday, October 4

2:00 pm to 6:00 pm

(Residents and Employees only)

Furniture, pictures/frames, appliances, plants and honey

Friday, October 5

8:30 am to 2:30 pm

Saturday, October 6

9 am to 12:30 pm

(Half price all day)

**Women's & Men's Clothing * Shoes * Handbags
Jewelry * Furniture * Lamps * Pictures/Frames
Linens * China/Glassware * Kitchenware * Books
Luggage * Walkers * Plants * Holiday Shop * Honey
Appliances * DVDs * Baskets * This & That
(Baked Goods * Old & New Shop - Friday only)**

Community for Life

(from page 1)

and emergency room visits. The Community for Life program will help address this growing, unmet need.

The program, which is to be officially launched in late August, is being managed by a separate legal corporation, Broadmead Community Services (BCS). Broadmead, Inc. will have no legal liability. Administrative and service contracts have been negotiated under which Broadmead Inc. will be compensated for services rendered by Broadmead personnel.

Program elements: The program itself consists of a standardized package of non-medical support services to fee-paying members. For a fee of \$450 per month, a member will get:

- Assistance from the service navigator and a check-in at least once a month;
- Four hours per month of basic home repair and maintenance provided by Broadmead Community Services;
- Referral to vetted contractors (BCS will review proposed contracts for scope, price, and the completion of the job);
- Two trips of up to two hours each, within 20 miles from home;
- On-line grocery ordering and delivery, coordinated by the service navigator;
- Membership in the Center of Excellence for Health and Wellness; and
- Access to Dining Services.

Staffing: A service navigator, Erin Kelly, has been hired. Transportation will be provided under a separate contract with the Broadmead transportation department and a back-up company. Andy Switzer will serve as the program director.

Budget. The program is beginning with seed capital of \$250,000—\$100,000 from the State and \$150,000 from Broadmead's unrestricted capital budget. As CFO John Palkovitz explained, \$150,000 represents 0.4 of 1 percent of the capital budget of over \$42 million. The program is projected to be self-sufficient by the end of 2020. The number of members is expected to reach 32 in the first year, and 78 in the second year.

Residents visit remodeled former Hackerman House

By Elsa Collins

Last month, 23 Broadmead residents visited the Walters Art Museum's newly renovated space at 1 West Mount Vernon Place.

Standing at the foot of the elegant spiral staircase, beneath the Tiffany glass skylight, residents Angela Breakey and Molly Edgar, docents emeriti, introduced the history of the residence and its architecture and explained the refurbishing of the mid-19th century building.

The first floor's restored neo-classical décor encompasses a broad range of paintings by mid-19th century artists as well as a letter written to Dr. Thomas, the original owner, by Sybby Grant, a cook and an enslaved woman. Expanding the perspective are ceramic works by Roberto Lugo, a contemporary artist, whose works combine traditional forms and modern imagery. His version of an ancient Greek krater features images of 19th century slaves. In the stairwell niche, Frederick Douglass's visage appears on Lugo's porcelain vase, and a piece over the mantel features a della Robbia-inspired frame.

The second-floor rooms combine ceramic objects from across the centuries and across cultures. One room displays blue and white ceramics. Another room explores the use of red in ceramics, glass, and painting. Elegant ironstone works by contemporary Japanese artists combine ancient techniques and 21st century forms.

More information about the Walters is available at <https://thewalters.org>.

Broadmead Playreaders

Norman

A Comedy in One Act

by John DePrine

Wednesday, September 12

7 p.m. Auditorium

Islam—a major, misunderstood religion

By Ed Hirschmann

Islam, a major world religion, is often viewed with hostility in the West, partly because it is often misunderstood. More recently, Islam has become a banner unfurled by militants to fight colonial dominance by Western nations.

Islam was the subject of three recent talks sponsored by the Multicultural Committee. The speaker was Tim Baker, a history professor at National Dong Hwa University, Taiwan (and son of resident Sue Baker).

Islam considers itself the successor of Judaism and Christianity. Why, then, has there been so much enmity between Islamic nations and the Judeo-Christian world? Baker pointed out that the tribes and city-states of Southwest Asia have fought over land and wealth since ancient times, and religious differences have not been the basic cause. Byzantines and Persians fought each other in the 7th century A.D. until both were worn down and easily trounced by the Islamicized Arabs.

What are the core beliefs of Islam? Muslims believe that Muhammed, an Arab merchant in 7th century Arabia, received divine revelations and became the last and greatest prophet in the Judeo-Christian tradition. They also believe in prayer (five times a day for the devout), charity, fasting, and the Hajj, or pilgrimage to Mecca.

However, Islam, like all major religions, has been plagued by factional disputes. When Muhammed died, in 632 A.D., the strongmen of the community chose one of their number as their caliph, or leader. But members of Muhammed's family argued that the Prophet had designated his son-in-law, Ali, as his successor, and they refused to recognize the caliph.

The result has been a civil war within Islam that endures to this day. Most Arabs are Sunni, or believers in the caliphal tradition of leadership. Many, though, particularly in Iran and Iraq, are Shi'ite, or believers in the hereditary succession of the imams, who trace their descent from Ali.

Baker concluded his series with an overview of Islamic learning and science. By the 8th century, the Islamic empire encompassed

much of the Mediterranean and extended all the way to borders of India. Muslim scientists were aware of and incorporated Persian, Greek, and Chinese learning. Avicenna, in the 11th century, learned medicine and philosophy from the writings of Galen and Aristotle.

Baker also discussed Sharia law, which has its origins in the Qu'ran and the example of Muhammed, but has also developed a body of interpretation. Baker cited the Iranian movie "A Separation," which shows the difficulties of applying Sharia law to complex human relationships. He described Sharia as "a process, not a code of law."

The traditional cultural centers of the empire were weakened first by the Crusades and then by the Mongol wars of the 13th and 14th centuries, and this decline was exacerbated by the 14th century plague. But beginning in the 16th century, new Muslim empires arose in India (Mughals), Turkey (Ottomans), and Persia (Safavids).

Westerners can still appreciate Islamic arts from these periods, such as elaborate mosques and tombs, intricate woven carpets, and poets such as Rumi, the 13th-century Persian mystic, whose praise for wine and love, it was explained, were really metaphors for adoration of the divine.

Quaker faith and practice panel

By Susie Fetter

Many residents are aware of a Quaker connection at Broadmead but are unsure what that connection is or what Quakers believe. A panel of Broadmead Quakers plans an interactive presentation about Quaker faith and practice on September 26, at 4 p.m. in the auditorium. Brochures with basic information about the Religious Society of Friends (Quakers) will be available at the BRA Board of Directors Meeting on September 24.

New Transportation Supervisor managed school bus operation

By Sidney Levy

Lisa Myers took the reins of Broadmead's transportation function on July 1. She is responsible for planning and overseeing the operation of moving Broadmead residents about, both on campus and off.

Currently, the fleet she manages consists of seven vehicles, ranging in size from a two-seater to the 28-passenger bus used for residents' excursions. Included in that roster is the campus shuttle bus. Lisa has considerable experience in the transportation field. For 20 years, she worked full time for the Southern York County School District. Her responsibilities included making sure that 3,300



students had transportation to and from school every day. In addition, Lisa was charged with purchasing and maintaining 102 school buses in the district. She continues to reside in that district and commutes from Glen Rock.

Lisa earned a bachelor's degree in business administration from the University of Phoenix. She has two daughters: Taylor, 19, who is studying to become a veterinarian technician, and Hannah, 17.

BRA Trips Committee

Museum of the Bible

Wednesday, September 12

Washington, DC

Bus departs: 9 a.m. Lower Level

10:30 a.m. Guided tour

Lunch on your own

Return by approx. 3:30 p.m.

*Please check the **Trips Bulletin Board** behind the reception desk for information and sign-up sheets.
Cost TBD*

CFO John Palkovitz speaks at July Exchange

By Bob Heaton

Chief Financial Officer John Palkovitz disregarded Friday the 13th jinx worries and spoke on that date to a larger than usual assembly of residents at the July Exchange.

John has been in finance and accounting for more than 30 years. After graduating from Drexel University, he worked at Coopers and Lybrand until 2006. He has since worked with many non-profits as both an employee and a consultant. His clients included Baltimore-based Catholic Relief Services, Little League Baseball in Williamsport, PA, the Johns Hopkins Health System, and Erickson Living (at that time Charlestown).

For eight years, John served as Vice CEO at Diakon Lutheran Social Ministries, which, among many other things, operates nine CCRCs. In November 2014, John Howl hired John as financial officer, at first on an interim basis. Part of that job is overseeing Information Technology. Two weeks after John's arrival, seven key elements of the Broadmead system crashed and were out of service for two weeks. John's effective repair or replacement program resulted in an improved system. Those improvements continue today, with wireless technology holding down costs for new systems.

John was born and raised in the Harrisburg area, where he continues to reside with his wife of 31 years and two cocker spaniels. A 25-year-old son has followed John into the accounting field, despite youthful protestations that he never would. John's mother is living in a CCRC, which helps him empathize with residents' concerns at Broadmead.



Cabaret Music and Dancing

Monday, September 10

7 - 8:15 p.m. Lounge

Everyone welcome

Can Broadmead step up its recycling effort?

By Lolly Farrington

As reported in *Baltimore County Recycling News*, the Environmental Protection Agency (EPA) estimates that the average American generates about four pounds of trash per day. The agency further estimates that 75 percent of this waste figure is recyclable, but only 34 percent is actually recycled.

Two years ago, the Conservation Committee arranged a trip to the Cockeysville landfill and recycling center (the Baltimore County Central Acceptance Facility). One memorable sight for residents was an area where trucks dumped loads of trash and garbage destined for burial in the landfill. The piles clearly included much recyclable material. When the guide was asked why workers were not sent in to reclaim whatever was recyclable, residents were told that it was not feasible, because the items had been mixed with garbage rather than placed in recycling bins.

Since 2010, Baltimore County has used single-stream recycling, meaning that all recyclable materials can be combined. At Broadmead, each cluster trash room is supposed to display a two-page county list of what is and is not acceptable. In addition, a poster with photographs can be found in the tray room at the Arbor Café (see Recycling Poster on page 13). Residents are strongly encouraged to observe these recycling practices in the cluster trash rooms:

- Put newspapers and magazines in the corner area to facilitate collection. If this is difficult, you can place them in the blue container.
- Rinse residue from recyclable containers. If items are soiled, they should be placed in the closed garbage container, not the blue one.
- Plastic bags snarl the county's equipment and should never be put in the blue bin. There should be a collection bag for plastic bags on the door of each trash room.
- Use the container at the far end for plant and garden waste.

Worldwide trash disposal is a growing concern that needs attention. The July 27 issue of *The Week* magazine reported a Pacific Ocean floating gyre of plastic between California and Hawaii that is more than twice the size of Texas, as well as another, almost as large, in the North Atlantic, formed by currents between Virginia and Cuba. As Broadmead and its residents strive to avoid adding to the problem, remodeling plans are being considered to further improve trash room efficiency.

Thanks to Margaret Warden, Natalie Bellows, and Jesse Russell, who assisted in preparing this article.

Health Care Committee Medication in the Senior Population

Michelle Shapiro, PharmD
Consultant Pharmacist
Austin Pharmacy
Tuesday, September 18
10:30 a.m. Auditorium

Open Forum

Quaker Service in Belize
Adrian Bishop, Broadmead Trustee
Friday, September 7
7 p.m. Auditorium

Broadmead Chorus

Rehearsals
Fridays, 10:30 - 11:45 a.m.
Auditorium

Broadmead welcomes

Margaretta (Maggie) Laurenson Babb
K-13 | May 2018
443-578-8446 | maggie.babb@gmail.com

Although Maggie Babb grew up with her sister, resident Lucy Babb (Wright), on Quaker Bottom Road just a few miles from Broadmead, she spent a large part of her life in New Hampshire, where



she was a pioneer of Reiki—an ancient hands-on healing touch art. Reiki is a complementary therapy designed to help recharge, realign, and rebalance energy in the body.

Maggie introduced the technique to several hospitals, including

Dartmouth-Hitchcock, Columbia Presbyterian (in pediatric oncology), and Yale School of Nursing. She also co-authored a book titled *Reiki Energy Medicine* in 1996.

Maggie went to Garrison Forest School and Eden Hall at the Convent of Sacred Heart. She attended Maryland Institute College of Art briefly and then married Donald McDonald Chambers.

Maggie and her husband lived in Antrim, NH, for 23 years and had four children. Three of the adult children now live in California—Marta Hutchins and Benjamin in San Francisco, and Angus in Novato. Sophia lives in East Hampton, MA. There are six grandchildren.

Following a divorce in 2002, Maggie came back to Maryland, to Lineboro. She was then able to pursue her love of writing, mostly poetry, and of art, primarily watercolor. She is also an avid reader and gardener.

Maggie has brought three animal companions to Broadmead: Tatiana, a German Shepherd; Anushka, a Siberian Forest Cat; and Buddelia, a Congo African grey parrot.

Maggie is eager to share her talents and enthusiasm as an energetic new resident.

By Mary Ellen Saterlie

Eben Bray | K-3 | April 2018
443-578-8257 | Ebla1@yahoo.com

Eben Bray remembers wrapping a package of freshly printed Oriole programs on his first day of work at the French Bray Printing Company, founded in 1902; it was his family's business. After Eben graduated from Mergenthaler Vocational-Technical High School, he methodically rotated through the company's departments under the tutelage of his father, so that he became familiar with all aspects of the printing business. He also attended a number of very intense two-week training programs for executive development offered by the Printers Association of Maryland.



Eben was thus well prepared to work in the family company and did so for 20 years. In 1966, he married Paula Mikeusauskas, becoming the father of three (a son and twin daughters) and eventually five grandchildren.

After the death of his father, when Eben's brother became the CEO of French Bray, some disagreements led Eben to strike out on his own. He named his new company Print Corp of America, located it in South Carolina, and ran it as president and owner.

This permitted him to retire after 20 years at age 56 and to move back to Maryland, for he confesses to a desire for time and energy to pursue his long-standing interests, among them planning and executing construction projects, woodworking, and helping with the youth program and the daycare activities for Alzheimer's patients at his Presbyterian church. Above all, he loves boating on the Chesapeake with his expanding family.

Broadmead is an ideal location for Eben and Paula because Baltimore County is familiar territory to them and especially because all of their children and grandchildren live close by.

By Elborg Forster

Let's Sing

Monday, September 17
7 p.m. Lounge

Know Your Neighbors

Wear Name Tags
First three days of the month

Paula Bray | K-3 | April 2018
 443-578-8257 | paulalouanne@gmail.com

Paula Mikeusauskas was born in Oklahoma City, OK, but grew up in Baltimore City, where her family moved when she was very young. She was educated at the old Seton High School on Charles Street. After graduation she went on a brief vacation to Ocean City



before starting her first job, with the French Bray Printing Company. And there, as she gleefully tells *The Voice*, she soon met and eventually married “the boss’s son,” Eben Bray.

Eben stresses Paula’s thoughtful and sober input into important decisions about business and family

matters. The couple has three children: a son, Sean, and twin daughters Kelly and Joanne. There are also five grandchildren aged between 19 and 13. Some are in college and some still in high school, but all of them enjoy seeing their grandmother in the stands at athletic events when they are on the field. This is a very close-knit group.

For 20 years the family lived at Johns Island, SC, and then in Timonium. Boating in a power boat large enough to accommodate the whole family was everyone’s favorite entertainment until about three years ago, when arthritis struck and boating became too difficult.

When the children left home, Paula turned to activities for which there had not been time earlier, such as flower arranging, gardening, and taking college courses. She also became increasingly involved in charity work for her Presbyterian church, the Maryland Food Bank, and various schools.

By Elborg Forster

HearHere Conversations

Strategies for Better Hearing at
 Medical Appointments
 Wednesday, September 19
 3:30 p.m. Auditorium

Jacqueline (Jackie) Crowther | P-11 | May 2018
 443-578-8412 | jlcro3938@comcast.net

Hold your breath! We are about to take the plunge with Jackie Crowther, a deep water diver and instructor.

Jackie began her career as a stenographer in medical offices. In 1969 she joined a private pathology practice at Harbor Hospital Center, and later became its administrative manager. The group expanded its practice by targeting the treatment of decompression sickness of commercial and recreational deep water divers, serving oil rig and harbor tunnel workers, submarine crews and sports divers.

When the group commissioned a mobile decompression system in a three-compartment, 40-foot tractor trailer as a mobile treatment and education resource, Jackie assumed administrative responsibility for the operation of the unit. She became a



certified diver herself—able to dive 90 feet. She did the marketing for the system and organized diving medicine courses in the Caribbean, Hawaii, and Australia, as well as on the East Coast of North America. She coordinated seminars and marketing

for the practice and maintained the portable decompression chamber while teaching techniques for managing deep-water health issues.

Jackie retired in 2005, but she never slowed down. She served as secretary for the 122-unit Mays Chapel Condo Association for 10 years and later as president for five years.

Jackie is a native of Wilkes Barre, PA. When she was four, her family moved to Maryland, where her father worked at Bethlehem Steel. She attended Eastern High School after the family moved to Baltimore. She later attended Weekend College at Notre Dame of Maryland.

By Mary Ellen Saterlie

Know Your Neighbors

Wear Name Tags
 First three days of the month

10 Voice of the Residents

Lisbeth Redfield Olton | D-11 | May 2018
443-578-8376 | lrolton@cablespeed.com

Although born in New York State and raised in Pennsylvania, Libby Olton has lived most of her adult life in the Baltimore-Annapolis area, including Phoenix, MD. For 28 years she was married to David Olton, a professor of experimental psychology at Johns Hopkins University, who died in 1994.



Libby graduated from Bryn Mawr College and then obtained a master's degree in library science from Drexel University. She worked as a cataloger for several years at various academic institutions. In the mid-1970s her long-standing volunteer work for Planned

Parenthood of Maryland led to an actual job—cataloging that organization's book collection.

Because Libby had always loved the beauty and rationality of numbers, in 1980 she earned a second bachelor's degree, this one in mathematics, from Goucher College. She then became a computer programmer for Quantitative Medicine, Inc, a small start-up company operating out of Shock Trauma at the University of Maryland Hospital. The company eventually became part of GE Medical Systems. There, Libby held the position of quality assurance manager for 23 years. She tried to retire three times, but always returned.

Finally succeeding at retirement in 2004, she has since devoted much time to the counseling and prayer ministries at Saint Martin's-in-the-Field Episcopal Church of Severna Park, obtaining concurrently a certificate in spiritual direction.

Libby is glad she found Broadmead. She appreciates its location and natural surroundings, the residents' independence, the easy companionship, and the absence of regimentation. She feels that here she can "do her own thing," such as reading, knitting, vegetable gardening, and spending time with friends who need support and encouragement.

By Elborg Forster

Violet (Vi) Saxe | Q-13 | March 2018
443-578-8381

Born in Rochester, NY, the youngest of four girls, Vi Saxe came from a family with deep roots in the area. She received her undergraduate degree from the University of Rochester, with a major in biology. She then taught biology in a Rochester high school.

Vi met and married Douglas Saxe, from New England, who had his master's degree from the University of Rochester and worked for Bausch and Lomb.

The Saxes moved to Baltimore right after their marriage, when Doug took a job at AAI, where he worked for 30 years. The Saxes continued to live in the Baltimore area—on University Place near the Johns Hopkins Homewood campus, in Cockeysville, and in Phoenix.

Vi has two daughters and a grandson, who is now in college. She obtained two master's degrees from Hopkins, one in liberal arts and the other in counseling. After her children were grown, she worked in the public school system as a teacher and counselor for 25 years.

Vi and Doug traveled widely, in Europe, Asia, and South America. They both loved music, and Doug was an accomplished vocalist. Due to health problems, Doug now resides in Maryland Masonic Homes, where Vi can visit him.

Vi is a Life Master bridge player.



By Margaret Warden and Jackie Mintz

New Committee Chairs/Activity Leaders/New Residents Meeting

Thursday, September 20

7 p.m. Auditorium

Speakers from:

Finance, Posters, Information Desk,
Transportation, Bulletin Board
Audio Visual, Caremerge, The Voice,
MaCCRA

Everyone welcome!

Judy Raber Sweeney | J-14 | April 2018
 443-578-8408 | judylsweeney@bellsouth.net



Though Judy Sweeney has spent the last five decades on the East Coast, her roots are in western Kansas, on a family farm that her maternal grandmother first homesteaded in 1884. The farm still belongs to Judy and her sister, but they rent it to a local family farm operation.

Starting her education in a one-room schoolhouse in Rawlins County, KS, Judy moved after first grade to the county seat, where she went to a “regular” school. She attended Colorado Women’s College in Denver and Bethany College in Kansas, and received a degree in secretarial science from Maclean College in Detroit.

In 1963, Judy met Dale Sweeney on the train going home from Detroit to Kansas. They married the next year and moved to Baltimore, where Dale worked for the B&O Railroad. They lived in the Riderwood/Towson area until 1992. After the B&O was merged into CSX, the Sweeneys moved to Jacksonville, FL.

While in Baltimore, from 1972 to 1984, she was the Director of Outdoor Programs for the Girl Scouts of Central Maryland. In Jacksonville, she took on numerous volunteer projects, including working with the International Resource Center, where she hosted foreigners who were visiting Jacksonville at the invitation of the State Department. She was also coordinator of a cancer support group at a Jacksonville hospital.

Judy has a son, Sean, who lives in Monkton.

Not one to tarry, Judy has already signed up for Sew & So and the Flower Committee. She is also considering joining the ceramics class.

By Jackie Mintz

Paint and Pastels

Thursdays
 10 a.m. - noon
 Lower Level Art Room

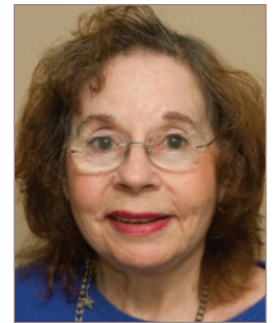
Carole Levitt Weiner | H-2 | April 2018
 443-578-8352 | newtrails555@yahoo.com

Perhaps unique among Broadmead residents, Carole Weiner knows how to belly dance, and she has fond memories of performing at an amateur night at a Persian night club.

Carole worked at Hopkins, in the Engineering Department, where she oversaw an exchange internship program between Hopkins students and students from Slovenia and Austria. The position allowed her to travel to Europe to oversee the program. She retired in 2005.

Carole was born and raised in Brooklyn, New York. She earned a B.A. in elementary education from Brooklyn College. She taught elementary school, first in Brooklyn, and then, after her marriage, in Baltimore, where her husband was studying and working at Johns Hopkins Hospital. When the couple divorced, Carole remained in Baltimore with her two sons.

Carole raised her sons alone, and she did it, she feels, with great success. Both sons graduated from college. They are married, and now Carole has three grandchildren—Ilan 14, Raffia 16, and Sonya 13.



Her son Paul is an engineer, and Eric has been a foreign correspondent for National Public Radio. He is writing his fourth book on travel.

Carole brought Sammy, a rescue Maine Coon Cat, with her to Broadmead. He is a substitute for her dog because, she says, Coon Cats are known as the “dogs of the cat world,” having more personality characteristics of dogs than of cats.

By Mary Ellen Saterlie

Current Events

Political Trends and Cross-Currents

Barry Rascovar
 Wednesdays, September 5, 12
 3:30 p.m. Auditorium

Trustee speaks on Community for Life program *(from page 1)*

state that “the Corporation may also plan, develop, promote, build, own, operate, rent, maintain, furnish or contract for, services or facilities to meet the needs of persons who require partial or total medical, nursing, or protective care, *in or out of their homes*” (italics supplied).

The desire to do something off campus has been consistently articulated over the years, and many projects were considered, including Friends Circle, an independent program created to serve clients both on and off campus. Though it originally focused on clients on campus, Friends Circle is now preparing to offer services off campus, and all who use Friends Circle will benefit if the Community for Life Program refers clients to Friends Circle, and Friends Circle achieves some badly needed economies of scale.

By reaching a population that is economically and ethnically more diverse than Broadmead’s, the Community for Life program represents a significant step toward fulfilling that original intent.

Third, the program can strengthen future marketing efforts for Broadmead itself. As Robin [COO Robin Somers] mentioned earlier, only 5 percent of all age- and income-qualified seniors will ultimately move to a community like Broadmead. The other 95 percent will age either at home or under the care of relatives.

We will be in competition with other continuing care communities for the 5 percent. It will benefit us if we have already established a relationship with some of these seniors through the Community for Life Program.

[Editor’s note: These remarks were made to residents by Board of Trustees Chair, Rob White, at a Town Hall meeting. They have been lightly edited for length and clarity.]

**Last day to donate clothing
for the Barn Sale
Sunday, September 9**

Closing concert honors Benny Villalobos

By Bob Fetter

The Seth Kibel Trio closed the Broadmead concert series season on June 24 with a wide variety of pieces. BRA Music Committee chair Denise Love announced that the concert was dedicated to the memory of Ben Villalobos, a much beloved resident who died two days earlier in a pedestrian accident.



The jazz group, with Sean Lane on piano, Russell Rogers on bass, and Seth Kibel on saxophone, clarinet, and flute, played old favorites, bossa nova pieces, Andrews Sisters hits, and songs from the 1920s and 1930s by George Gershwin and Irving Berlin. They also paid tribute to the upcoming centennial of Leonard Bernstein’s birth in 1919, and then closed with a lively klezmer number. A few residents hit the dance floor during the program.

Adventures in Learning and the Music Committee

Bernstein on Broadway

Ernest Liotti

Dept. of Fine Arts, Loyola University
Fridays, 2-3 p.m. Auditorium

Sept. 7:

“On the Town,” 1944. Bernstein’s first musical. Excerpts from the 1949 movie will be shown.

Sept. 14:

“Candide,” 1956, considered his first failure, but now a masterpiece.

Sept. 28:

“West Side Story,” 1957. Bernstein’s last venture into the world of stage.

Broadmead's primary voting results

By Ed Hirschmann

The number of Broadmead residents and nearby neighbors who voted in the June primary election was, not surprisingly, sharply lower than in the last primary, in April 2016, which included presidential candidates.

The closest major race was for Democratic nominee for Baltimore County Executive. A full recount was required to ascertain that John ("Johnny O.") Olszewski defeated Jim Brochin by 17 votes. Brochin, a state senator for 15 years, is well known at Broadmead. In November, Olszewski will oppose Republican Al Redmer, Jr.

Ben Jealous easily won the Democratic nomination for Governor of Maryland and will face the sitting Republican governor, Larry Hogan. In Broadmead's precinct (08-022), Jealous received 85 votes, against 44 for Jim Shea and 34 for Rushern Baker, the closest of several rivals.

U.S. Senator Benjamin Cardin handily won the Democratic nomination for another term both locally and statewide. At Broadmead, he received 210 votes versus 11 for his challenger, Jerry Segal. On the Republican side, Tony Campbell received 29 votes, as against 21 for Christina Grigorian and 18 for Chris Chaffee.

Democrat Elijah Cummings, incumbent Representative from Broadmead's congressional district, had no significant primary opposition. Among his Republican challengers, Richmond Davis received 27 votes and Michael Pearson had 25.

On the state legislative level, Delegate Chris West, who won the Republican Senatorial nomination, received 117 votes. The Democratic candidate for the State Senate is Robby Leonard, who won 109 votes. For the two House of Delegates seats in District 42B, Democrat Michele Guyton and Daniel Nemec carried the precinct; however, Sachin Hebbar pulled ahead of Nemec district-wide and will be on the ballot with Guyton.

In the race for County Council, political newcomer Colleen Marie Ebacher, a Towson University professor running for County Council, won the Democratic primary and will face incumbent Republican Wade Kach, who was unopposed in the primary.

New recycling poster designed

By Jackie Mintz

A new poster in the Arbor Café tray return area shows residents how to sort recyclable items from those that are not.

The poster is the brainchild of resident Ned Clapp, a member of the recently disbanded Conservation Committee. Ned approached Arbor Café supervisor Jasmine Scott and asked for signage about recycling that would be in larger, more visible print, and contain images of recyclable items.

Jasmine, who was given released time by Food Services chief Bernard Queen, assembled three setups of recycled items and enlisted the help of resident master photographer Ray Lund, who photographed the setups. Jasmine designed the new poster, and Ned reviewed the final text.

Earlier notices used small print, which many residents found hard to read. The new type is legible and easy to comprehend. Even more important, the pictures of the items are immediately understood.



Residents discuss better hearing tactics

By Bob Fetter

Last month, HearHere Committee chair Mary Ellen McMillin facilitated an afternoon conference of 30 residents with hearing impairments. The circle of participants gave self-introductions as a warm-up for better speaking and listening before sharing strategies that have helped them cope with their limitations.

Among the suggestions, many mentioned encouraging younger people to speak clearly and slowly on the telephone or in person. Visitors or callers need to be reminded to use complete sentences and should be made aware that consonants pose a greater hearing challenge than vowels.

Good acoustics lessen the risk of isolation and depression suffered by some hearing-impaired people. At the same time, improved acoustics strengthen one's sense of connection within the Broadmead community.

The group discussed changes promised by the administration as the Master Plan is implemented. One improvement will be installing acoustic ceiling tile in the Magnolia Room to cut down ambient noise. One person suggested that this could be done immediately, because no other major changes will occur in that venue.

Mary Ellen noted that more HearHere conferences will be held in upcoming months.

MaCCRA

Maryland Continuing Care Residents Association

Annual dues for 2018–2019
are now due

Individuals \$20, Couples \$30

Make check out to: Broadmead
MaCCRA

Send to Marj Espenschade, L-2

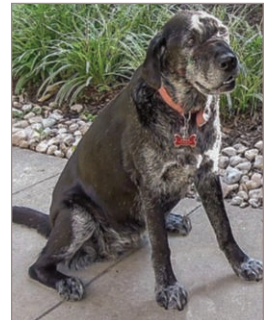
Sadie the black lab

By Sally Bloomer

Sadie, an 11-year-old black Labrador Retriever, belongs to Robin Tate, C-10. She is an American lab with a pointed snout, as opposed to a British lab, which has a blunt one. Robin uses a gentle leash, which fits around Sadie's nose and prevents her from pulling too hard. Robin sometimes fell when Sadie was leashed at the neck.

Labradors are the most popular breed in the United States.

All labs have a discriminating scent, enabling them to find downed birds for their owners. They are agile and sturdily built. Like most labs, Sadie has a wonderful disposition and a handsome appearance. She has won several agility certificates, as did other labs that Robin has owned.



Open Forum and MaCCRA

Meet County Executive Candidates

John Olszewski, Jr.

Friday, September 21

1 p.m. Auditorium/Lounge

Friday, October 19

Al Redmer, Jr.

1 p.m. Auditorium/Lounge

First Monday Book Group

Killing England

By Bill O'Reilly

Moderator: Rev. Dr. George G. Toole

Monday, September 3

10:30 a. m. Auditorium

The evolution of rollators

By Ross Jones

The comfort and well-being of countless Broadmead residents and others worldwide have benefited from the ingenuity of three virtually unknown people. William Cribbes Robb of England, and Aina Wifalk and Bernt Leander from Sweden invented the now ubiquitous rollator.

In 1953, Robb obtained a British patent for a “walking aid,” the well-known, but old-fashioned, aluminum frame often referred to as a “walker.” A little later, Leander is said to have added two front wheels. Wifalk, who had been a victim of polio, is credited with inventing the modern version of the walker, the four- or three-wheeled aid, in 1978. And she, or her manufacturer, branded it “Rollator” from the beginning.

At the outset, rollators came only in “stripped-down” models—no amenities other than a small bench on which the user could sit. Today, as can be seen at Broadmead, rollators come in a great variety of shapes and sizes, with many attachments to make them more useful to their owners.

Rollators range in size, from those for use by small children to those that are needed by extra large adults. Some have air-filled tires and some have “aggressive knobby tires” for off-the-road and all-terrain use. Manufacturers claim that rollators with air-filled tires reduce vibrations that affect the hands, making them more comfortable for people suffering from arthritis. They are also said to allow the user to walk greater distances, for longer periods of time, without the hands becoming numb or tingling.

The field continues to advance. Children in pediatric intensive care often require attached equipment, which must move around as they do, sometimes entailing the assistance of several nurses or therapists. Recently, Johns Hopkins biomedical engineering students have developed a prototype device they call the AmbuMate, which allows young patients more easily to transport the multiple medical devices hooked to them. According to pediatricians, this new type of walker will facilitate mobility, hasten the healing process, and boost morale.

New Arrivals

Carole Weiner	H-2
Stan Wilson	B-6
Nancy Gilpin	L-8
Bud and Pam Nixon	F-8
Marilyn Rothstein	L-5
Walter Burnett	D-1

Moving Around Broadmead

	<i>From</i>	<i>To</i>
John Benson	T-309	HH-230
Eleanor Mayblum	H-6	T-305

In Memoriam

Nancy Boyce

April 9, 1923 – July 18 2018

John E. Daum

April 27, 1933 – July 21, 2018

Benny Villalobos

January 24, 1932 – June 22, 2018

Nannie Lawler

September 30, 1928 – July 23, 2018

Sew and So Wednesdays only

10 a.m. - noon

Room S-215

443-578-8816

Freshly laundered items only!

InSight's summer activities

By Angela Breakey

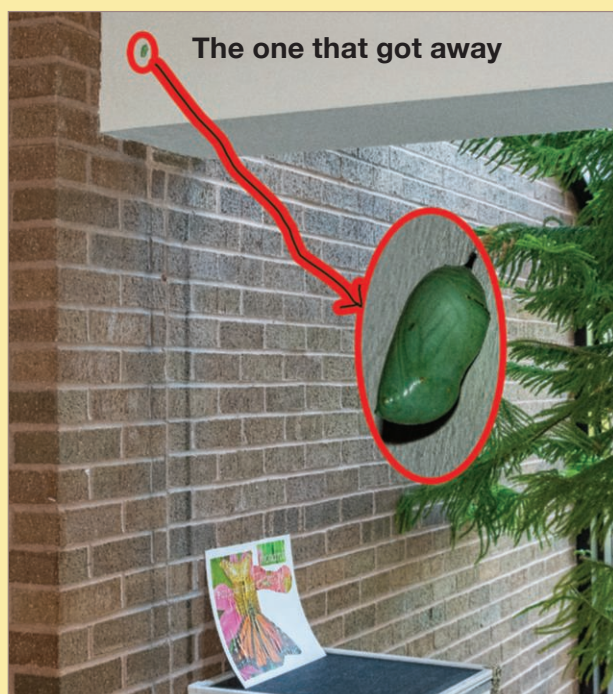
During the summer, the InSight group sponsored two related events. One event was a visit to the Lions Low Vision and Vision Rehabilitation Center at Wilmer Eye Institute, where resident Beth Zimmerman's paintings are featured (see photo).

Kristin Lindeman, Wilmer's occupational therapist, displayed equipment that can help people with low vision make the most of their sight. Her treatment room included models of a mini wardrobe, kitchen, grocery store, work table, and modified computers, where a person can practice and learn more efficient use of remaining sight. Discussions of glare and lighting, magnifiers, smart phones, and new headsets rounded out the educational experience. Wilmer has an Angel Fund for donors to support patients with limited financial means.

Broadmead also hosted a speaker, John Andrews, past District Governor of the Timonium Lions Club, who talked about the club's work internationally. He accepted



Broadmead's large donation of eyeglasses for those in need. The Baltimore Lions Club is a strong supporter of Wilmer's work, funding several doctoral fellows from Thailand and raising funds for research and development. The members also donate time to drive patients to their appointments and to help them with pre-examination questionnaires.



Left: The chrysalis that got away; **Right:** The chrysalis transformed.

Creative Scene

By Jane Elkinton

Summer was not a vacation “time off” for the display spaces, which continued to buzz with refreshing art in pastels and paintings, ceramics, stained glass, and photographs. The Atrium begins its fall season with the exhibition “Creative Expressions,” art from Hallowell and Taylor. The multimedia projects shown were created by resident members of a class taught by Elizabeth Shanner, a certified art therapist, with financing provided by the Bruck Fund.

The focus of the class is to express emotions through art-making and writing. The projects can trigger reminiscences while group participation encourages sharing and communication. For the participants it is all about process and experimenting for the sheer joy of it.

As you visit the exhibit, enjoy the ways in which these works reveal the personal spark of each participant. Laurie Snyder, Lifestyle Coordinator, and Betty Murphy Shaughnessy, Bruck Fund Program Manager, helped to organize the show.

The East Hall again features the internationally known photography of Edwin Remsberg, nephew of resident Mary Ellen Saterlie. Stories told in the works reflect the artist’s experience in sport, combat, and fine art photography.

Also this month, the Display Case shows vintage cameras loaned by Raymond Lund.

The Lower Level Gallery displays Photography Club members’ depictions of “Windows and Doors,” which reflect a varied international viewpoint.

Please Wear Name Tags

September 1, 2, 3

Multicultural Committee Bus Trip

**Baltimore American
Indian Center
Heritage Museum**

Thursday, September 20
Cost TBD

Bus departs: 12 p.m. Lower Level
Return by 4 p.m.

Please check the Bulletin Board
behind the reception desk
for information and sign-up sheets.

Old and New Shop

Weekdays 10 - 2
Saturdays 11 - 1

Corner Cupboard

Weekdays except
Wednesday 10 - 4:30

Welcome Reception For New Residents

Thursday, September 27
7 p.m. Auditorium
Please wear name tags

Religion at Broadmead

Friends Meeting for Worship

Sundays, 11 a.m.

Stony Run Board Room

Interfaith Vespers

Third Sundays, 4:30 p.m.

Lounge

Bible Study

(sponsored by Govans
Presbyterian Church)

Tuesdays, 10 a.m.

Fireplace Room

Catholic Mass

(sponsored by St. Francis
Xavier Church)

Second Wednesdays, 10 a.m.

Stony Run Board Room

Episcopal Communion

(sponsored by Sherwood
Episcopal Church)

First Thursdays, 10:30 a.m.

Dining Room Flex Space

Conversations in Morals and Ethics

(sponsored by Towson
Unitarian Universalist Church)

Second Thursdays, 10 a.m.

Fireplace Room

Shabbat Service

Third Fridays, 7 p.m.

Fireplace Room

Hallowell and Taylor

Friday May 4, 11:00 a.m.

Hallowell Hall Cluster Meeting

Wednesday, September 5, 11:30 a.m.

End of Summer Cookout

(Followed by banjo music with Jay Wachter)

Sunday, September 9, 2:30 p.m.

Grandparents Day Social

Saturday, September 15, 3:00 p.m.

Rhythm and Motion Dance and Music Program

Wednesday, September 19, 3:00 p.m.

Monthly Birthday Party

Monday, September 24, 2:30 p.m.

Happy Hour with Jon Jensen

Saturday, September 29, 3:00 p.m.

Music with Ron Onda

Hallowell Garden Dining Room

Insight Low Vision

Maryland State Library of the Blind
Digital talking books and services

Tuesday, September 11

3:30 p.m. Auditorium

BRA Concert Series

Soheil Nasser, pianist

Sunday, September 9

2 p.m. Auditorium/Lounge

Broadmead Movies

Auditorium 7 p.m.

Tuesdays: *Jim Logie*

Saturdays: *John DePrine and Bob Gist*

Saturday, September 1 | Song of Love

1947 NR 1h 59min - Drama, Music, Romance

Tuesday, September 4 | The Verdict

1982 R 2h 9min - Drama

Saturday, September 8 | Chappaquiddick

2018 PG-13 1h 47min - Drama, History, Thriller

Tuesday, September 11 | Ghost

1990 PG-13 2h 7min - Drama, Fantasy, Romance

Saturday, September 15 | Murphy's Romance

1985 PG-13 1h 47min - Comedy, Drama, Romance

Tuesday, September 18 | Good Will Hunting

1998 R 2h 6min - Drama

Sat, September 22 | The Unsinkable Molly Brown

1964 NR 2h 15min - Biography, Comedy, Musical

Tuesday, September 25 | The Italian Job

2003 PG-13 1h 51min - Action, Crime, Thriller

Saturday, September 29 | Dirty Dancing

1987 PG-13 1h 45min - Drama, Music, Romance

New Committee to Advise on Art and Design

By Jackie Mintz

A new resident/staff committee, the Art & Design Committee, has been formed to advise and guide Broadmead on its art and art-related policies. Chaired by resident Jane Elkinton, MICA professor emerita of art, the mission of the group is to work to identify Broadmead as a community that values and encourages the arts and celebrates the importance of art; to work toward the collection and display of art and design that are appropriate to the community; and to ensure responsible care for the collection.

The committee intends to develop and maintain an inventory of the art works held by Broadmead and to develop policies for accessing and disposing of items as time passes. It will also provide input to the Master Plan Design Team and work to foster art-related connections with outside groups and institutions.

The other members of the committee are Joyce Griffith, Ross Jones, Joyce Malone, Jackie Mintz, Emily Mohr, Robin Somers, Teri Starks, and Andy Switzer.

BRA Concert Series returns

By Ann Berman and Bob Heaton

This year's Broadmead Concert Series will begin on Sunday, September 9, at 2 p.m. in the auditorium, with another performance by pianist Soheil Nasser. Many residents recall being thrilled during his last visit, when he gave his first public performance of Liszt's piano transcription of Beethoven's Fifth Symphony. Resident humorist and anthropologist, the late Sidney Mintz, remarked at the time that it was the best thing Liszt ever wrote.

Nasser was born in California, studied in New York, and now lives in Berlin. He has performed in venues around the world. *The New Yorker* called him one of today's most prolific pianists, noting that in New York City he has performed 21 different recitals without repeating a single piece. Those events included premieres of 27 works by modern composers, and 31 of Beethoven's 32 piano sonatas.

Nasser is noted for his interest in bringing music to young people and has performed in more than 60 public schools. He is also known for championing new music, and nine composers have written pieces for him.



Voice of the Residents

Volume 40, No. 1 September 2018

*Published September through June by
the Broadmead Residents Association*

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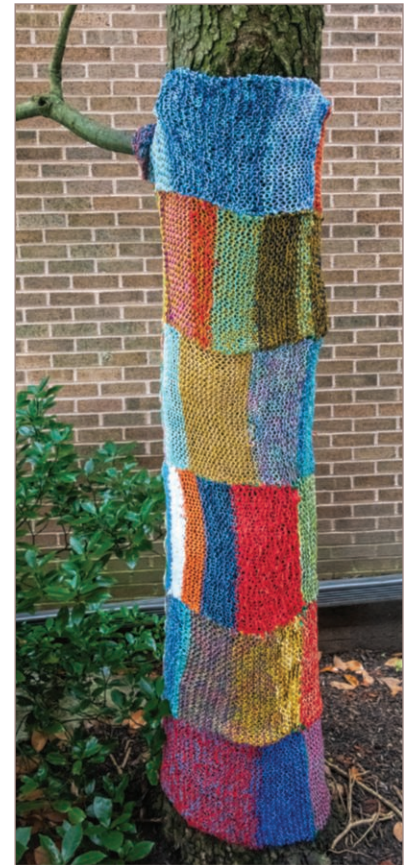
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Editorial Policy

The Voice is produced by and for the Broadmead Residents Association. It seeks to announce and report on activities at Broadmead and to carry news, features and photos of interest to residents. As its major goal is to promote a sense of community, The Voice does not publish criticism of individuals or the three organizational bodies that constitute Broadmead nor complaints about Broadmead affairs as there are established procedures for the resolution of internal problems. The Voice does not publish matters of a religious or political nature, except in the context of

a lecture report with attribution to the author of the opinion, nor submissions from outside media due to space limitations and possible copyright problems. Decisions about content as well as writing and photography assignments are made at meetings of the Editorial Board, usually held the first Wednesday of each month. Advance publicity about events should be submitted by the 12th of the prior month, and those assigned to report on events should submit copy by the 12th of the prior month or as soon thereafter as the editors specifically allow. All copy is subject to editing and cutting, and should be sent to voiceBRA@gmail.com.



Top right: A yarn bombing by resident Jane Elkinton in Lower Level entrance.

Above: Exhibit in Atrium of stained glass works by resident Jean Wilson.